

"Friday Knight Live"

The Kellogg Middle School Biweekly Newsletter

November 6, 2009

Support the Kellogg Associated Student Body (ASB) by paying your \$20 ASB fee today! One hundred percent of the ASB fee goes to support student activities, such as, Hang Time, athletics, and school dances.

What Families Can Do: Teens and Substance Abuse

Please join us for Dinner and a Family Education Night presenting information that parents, students and staff need to know about:

- * Statistics and trends in substance use
- * Teen brain development and the effects of substances
- * Research based intervention tips

When: Tuesday, November 10th 2009, 6:30PM until 8:00PM

Where: Shoreline Center, 18560 1st Ave NE Shoreline WA 98155

In the Spartan Room

What: Dinner, Presentation by Kevin Haggerty and Question and answer session with Chemical Dependency Professions and Treatment Professionals from the community

Cost: **It's FREE!** Dinner provided by funding form the Center for Human Services, Partners in Prevention.

Contact: Danielle Bock from the Center for Human Services for more information 206-362-8804

Kellogg PTA Presents The 2009-2010 Reflections Arts Program Theme: "Beauty is..."

The Reflections Program is a National PTA and a Washington State PTA cultural arts competition. The purpose for this program is to provide an opportunity for students to use their creative talents by expressing themselves through their own original works, created around a specific theme. This year's theme is "Beauty is..." and you decide what the phrase means to you. Students can enter up to two works in each of the arts areas (dance choreography, film production, literature, music composition, photography, and visual arts). Only original works of art created by the artist working alone will be accepted.

Entry packets are available in the main office or on the Kellogg PTSA Website:

<http://www.kelloggptsa.org/parent.html>. Finished entries should be turned into the main office at school, on or before, November 18th. Early entries are encouraged! Every complete entry gets a chance of winning a raffle prize at the **Reflections Reception in the evening on November 18th.**

For more information, please contact Debbie Russell or Susan Martin at KelloggReflections@gmail.com.

Shorecrest High School presents Stephen Sondheim's fairy tale musical *"Into the Woods"* November 12, 13, 14 & 19, 20, 21 @ 7:30 PM with matinees November 15 & 22 @ 2:00 PM Tickets are \$9.00 each in advance at Shorecrest of Third Place Books and \$10.00 each at the door.

Families: Has your family been impacted by divorce? Although divorce is fairly common, it is still very stressful for students. If you think your student would be interested in being in a small group to learn more about how teens cope with divorce please talk to Marie Hurtado-368-4786- for more details. This group is open to all students. Space is limited so don't delay!

There WILL BE Hang Time on Tuesday, November 24th!

Each year the Shoreline PTA council teams up with the Shoreline Fire Department, in December, to provide food and gifts to those in need in our Shoreline Community. If your family would like to receive this help this year, please contact the Kellogg Health office at 206-368-4790 by November 24.

Holiday Baskets Drive at Kellogg 12/09

COLLECTION DATES DECEMBER 7-18, (19th distribution day at Kellogg 9-12am)

“MOST WANTED ITEMS”

Peanut butter

Pasta

Beans (baked or bagged)

Canned soup

Condiments (mayo, mustard, ketchup)

Cereal-hot/cold

Canned tomato products

Granola bars

Bisquick

Stuffing

Flour

Jell-O/pudding

Mac & cheese

Stews/chili

Rice

Sugar

Top ramen

Tuna

Other Food Ideas -

BASIC ITEMS-

Soap, toilet paper, facial tissues, feminine hygiene products, paper towels, shampoo, deodorant, toothpaste, laundry detergent, dish soap, baby foods/cereal/formula

TEEN GIFTS/IDEAS:

Gift cards (\$10. Or more suggested)

CD's

Books

Craft kits

Cosmetic kits

Sweatshirts, jackets, pajamas, flannel pants

Sports equipment

Board games

fun boxer shorts

alarm clocks

backpacks

hand-held games

radios

purses

candles

KELLOGG TARGET ITEM:

JUICE (BOTTLED) 500+ goal

SEASON TWO sports tryouts, which are **BOY'S BASKETBALL** and **GIRL'S VOLLEYBALL**, are well under way! **Tryouts will continue to be immediately after school in the gym on the following days:**

Girl's Volleyball - Nov. 10, 13, 17

Boy's Basketball - Nov. 9, 12, 16, 18

There are activity buses available on Tuesdays, Wednesdays, and Thursdays to transport athletes home after tryouts/practices at 4:45PM. Final rosters will be posted on November 19th. If you have any questions please contact Ms. Finnigan at 206.368.4783 or via email at: aileen.finnigan@shorelineschools.org Downloadable athletic calendars will be available soon at: <http://schools.shorelineschools.org/kellogg/sportscal.php>

150 Ways to Show Kids You Care

Join the commitment to a positive and healthy school climate.

- Encourage 'win-win' solutions.
- Give them space when they need it.
- Look into their eyes when you talk to them.
- Tackle new tasks together.

UPCOMING DATES

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| November 9 | No Zero Period, 3 Day Schedule |
| November 10 | Veteran's Day Assembly |
| November 11 | No School Day / Veteran's Day |
| November 16 | Progress Reports |
| November 10 | What Families Can Do: Teens and Substance Abuse (Shoreline Center, Spartan Room, 6:30-8PM) |
| November 17 | All Bands Concert (Kellogg, 7PM) |
| November 18 | Reflection Entry Deadline AND Reflections Reception (Kellogg, Rm. 802, 7PM) |
| November 19 | Honor Society Induction Ceremony |
| January 5 | Levy / Bond Information @ 7:00- 7:20 PM, Kellogg Library, followed by the Kellogg PTSA meeting |

School Board considers levy/bond proposals for Feb. 9, 2010 special election: 2010 Levy/Bond Proposals Presentation ([pdf](#))

[http://www.shorelineschools.org/news/documents/110410 BOND PRESENTATION.pdf](http://www.shorelineschools.org/news/documents/110410_BOND_PRESENTATION.pdf)

Kellogg Knights Sports Calendar

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|-------------|---------------------------|
| November 9 | Boy's Basketball Tryouts |
| November 10 | Girl's Volleyball Tryouts |
| November 12 | Boy's Basketball Tryouts |
| November 13 | Girl's Volleyball Tryouts |
| November 16 | Boy's Basketball Tryouts |
| November 17 | Girl's Volleyball Tryouts |
| November 18 | Boy's Basketball Tryouts |
| November 19 | Season 2 Rosters Set |

Community Events & Information

The Shoreline-Lake Forest Park Arts Council presents: "An Evening of Poetry, Spoken and Sung"

Locals are invited to a lively performance of poetry and song at Lake Forest Park Towne Center at 7 p.m. Wednesday, Nov. 11. At "An Evening of Poetry, Spoken and Sung," Shoreline Community College voice students will sing poems set to music. High school and college students will recite their original poems.

The event is free and will be at Third Place Commons, adjacent to Third Place Books, at 17171 Bothell Way NE in Lake Forest Park. The Shoreline-Lake Forest Park Arts Council is sponsoring the event. For information, call 206-417-4645 or see www.shorelinearts.net.

The event is separate from the Arts Council's yearly Poetry Contest and Celebration, which happen in April. The Arts Council is a non profit that sponsors art events and education. It also runs an art gallery and gift shop in Lake Forest Park Towne Centre. For information, see www.shorelinearts.net.

The snow is falling on Stevens Pass and the snowsports season is just around the corner! Ski and Snowboard lesson and transportation packages are available now through Edmonds/Shoreline Snowsports, a non-profit division of Olympic Ski School. The 2010 season begins the weekend of January 9th and 10th and runs for 6 weeks. Get psyched for a great snowsports season and pick up a brochure at your school's main office today! For more information, call 425-741-9467 or check our Web site at www.olyски.com.

The Shoreline School District is providing information about these activities as a service to our families and students. These activities are NOT sponsored by the School District and the District assumes no responsibility for conduct or safety in any of the above listed activities. In consideration for the privilege to distribute these materials, the School District shall be held harmless from any cause of action, claim, or petition filed in any court or administrative tribunal arising out of the distribution of these materials, including all costs, attorney's fees, and judgments or awards.