

**SHORELINE SCHOOL DISTRICT**  
**Middle School Athletic Training and Conduct Code**

Interscholar athletics at the middle school level has two goals, participation and excellence. Excellence requires the athlete to maintain high personal standards of health and conduct. It is the opinion of the coaches and team members that only through the observance of such high standards can individual athletes and teams attain a performance reflecting maximum achievement.

To participate, a student athlete must have passed at least 5 classes the previous trimester. Failure to do so will result in a 15-day probationary period starting the next trimester wherein the athlete can practice but not compete in any competitions.

In addition, if at mid-trimester or at any time during a grading period, a teacher notifies the building Athletic Director that a student is failing their class, that student will be declared "at risk" and will have one week to raise his/her grade to passing. Athletes may practice and compete in games during this first week. If, after one week, or anytime during the remaining trimester, the student is not passing the same class or another class, a second week of "at risk" status will prevail. During this week the athlete may practice but not compete in games/competition. If a third "at risk" week occurs, that student would become ineligible for the remainder of the season.

To practice and participate in matches I must have: an ASB card, signed parent permission, signed code of conduct, a current physical, an emergency card for each season, adequate medical insurance and signed form, and paid athletic fee.

Because I want to be as productive an athlete as I can be, and because only a healthy mind and body will allow me to do so, I agree to the following **health rules**:

1. I will not use, possess, or sell tobacco products of any kind.
2. I will not use, possess or sell alcoholic beverages and illegal or legend drugs.

As a middle school athlete, I wish to conduct myself in a manner that will bring only honor to my team, my school, and myself.

Because of this, I agree to the following **conduct rules**:

1. I will treat my coach, teammates, officials and opposing team members with honesty, respect and courtesy.
2. I will abide by all school regulations as prescribed in the Shoreline School District's Statement of Rights and Responsibilities.
3. I will avoid committing any unlawful acts or engaging in any delinquent behavior.
4. I will make a sincere effort in my classes by being prepared, making an effort on assignments and showing good citizenship.
5. I will immediately remove myself from minors who are smoking, using drugs or alcoholic beverages.
6. I must attend at least 50% of the school day, as determined by the building athletic director or administrator, in order to be eligible to practice or compete in a contest on that day.
7. I will ride to and from the game/match in school transportation unless otherwise pre-arranged with the coach, following district guidelines.
8. I will return all school athletic equipment checked out to me at the end of the season, or pay for its replacement.

Should I choose not to meet these goals, I will accept the disciplinary action as set forth in the following statement of procedure.

**Violations concerning the use of Alcohol** will call for exclusion from the team for the next forty-five (45) calendar days to be carried over to the athlete's next sports season, if necessary. This penalty may be reduced to twenty-five (25) calendar days. See School Board Policy 2151P.

**Violations concerning the use of Illegal or Legend Drugs including Anabolic Steroids** will call for an immediate suspension from the team for the remainder of the season. In order to turn out for another athletic team the individual must meet with the school athletic director or administrator to determine actions for further athletic eligibility.

1. **A first violation of the other health rules** will call for my immediate suspension from the team for at least one week and I will be out of competition for the next week.
2. **A second violation of health rules** will result in my immediate suspension from the team for the remainder of that sport season and I must have the approval of the school's athletic director or administrator to resume participation on any athletic team.
3. **A third violation of health rules** will result in my immediate suspension from all athletic teams for one calendar year from the date of the suspension.
4. These violations and subsequent actions are cumulative during my middle school years. However, should I be suspended for one calendar year, I could still participate the next school year with the approval of the athletic director or administrator, but another violation would bring suspension from all sports activities for the remainder of that new year.
5. **For violations of conduct rules** my coach may invoke penalties against me if my conduct or attitude tends to bring discredit to myself, my team, or my school. This may include removal from the team for the remainder of the season.
6. The assistant principal and counselor may place a student on probationary status if academics or behavior in class are not acceptable. At the end of the probation period if the student has not shown improvement, he/she will not be allowed to continue that sport season.
7. **Any athlete who is suspended** (in or out of school suspension) will not be allowed to turn out or compete those days.

We, the undersigned, have read and understand the Athletic Training and Conduct Code for Middle School athletes and agree to its provisions.

**Date:** \_\_\_\_\_ **Athlete's Signature:** \_\_\_\_\_

Revised 6/09 **Parent/Guardian Signature:** \_\_\_\_\_